



### **Lab Museum United (LMU) Gators**

All of our athletic teams are combined of Lab School and Museum School student-athletes. We are part of the PSAL league and offer the following sports:

<b>Fall (Aug- Oct)</b>	<b>Winter (Nov- Feb)</b>	<b>Spring (March- May)</b>
Girls Soccer	Girls Varsity Basketball	Baseball
Boys Soccer	Girls JV Basketball (non-PSAL)	Softball
Girls Volleyball	Boys Varsity Basketball	Girls Flag Football
Girls Golf	Boys JV Basketball (non-PSAL)	Golf (Coed)
Girls Tennis	Indoor Track (Boys & Girls)	
Cross Country (Boys & Girls)		

**In order to tryout, you must have a completed PSAL Medical Form and PSAL Parent Consent Form.** You can download and print these forms our homepage, [nyclabschool.org](http://nyclabschool.org), at the bottom under "Useful Documents." Please bring them with you to the 1st day of tryouts.

**PSAL Attendance Requirements:** 90% Attendance (one absence per month unless medically excused).

**PSAL Academic Requirements:** On 1st report card, passing 5-credit bearing courses and Physical Education

**Tryouts:** All student-athletes must attend tryouts, regardless of grade level. If you will be unavailable for August tryouts, please communicate with your coach and you will tryout the first week of school. Students must have attended minimum of 6-8 practices (tryouts are included in this) in order to play in the first game. See PSAL's Rules & Regulations for each sport's individual requirements.

**Practices:** Each team differs in its practice schedule, but most sports practice 4-5 days per week. Basketball are the only teams that practices on the weekend. Student-athletes are expected to attend every practice. If you cannot attend a practice, athletes are expected to communicate with their coaches in advance about an anticipated absence.

**Games:** Games and matches take place after school during the week, and sometimes on the weekend. Soccer, baseball, and flag football have games primarily at Randall's Island. When teams have to leave school early for a game, students are expected to make-up any missed work.

For any questions, please contact:  
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